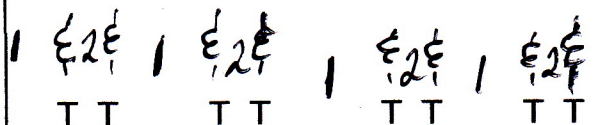
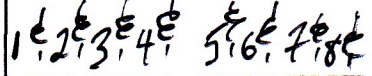
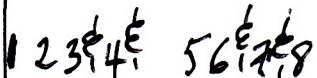
African Basic 2/4	 T T T T T T T T B B B B B B B B 1 2 1 2 1 2 1 2	
Paradiddle 8/8	 BTBB TBTT BTBB TBTT 1 2 3 4 5 6 7 8	– the 8th drum rudiment for developing hand co-ordination.
Half-Paradiddle 8/8	 B T BTBB T BTBBT 1 2 3 4 5 6 7 8	e.g. – samba, bossa-nova tunes from Brazil